



Newsflash—Wednesday 30th May 2018



Feast of The Visitation of the Blessed Virgin Mary The Magnificat

*My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Savior;
for he has looked with favor on his lowly servant.
From this day all generations will call me blessed:
the Almighty has done great things for me,
and holy is his Name.*

*He has mercy on those who fear him in every generation.
He has shown the strength of his arm,
he has scattered the proud in their conceit.
He has cast down the mighty from their thrones,*

and has lifted up the lowly.

He has filled the hungry with good things, and the rich he has sent away empty.

*He has come to the help of his servant Israel for he has remembered his promise of mercy,
the promise he made to our fathers, to Abraham and his children forever.*

Important Dates Term 2 — 2018

- ◆ Thursday 31st May Musica Viva Concert 9.00am—10.00am
Youth Tour with John Angotti Yr 5 & Yr 6 to MDCC
- ◆ Friday 1st June School Assembly 2.30pm
Deanery Athletics
- ◆ Thursday 7th June School Mass—Year 5 assisting 9.15am
- ◆ Monday 11th June Queens Birthday - Public Holiday
- ◆ Tuesday 12th June Mortimer Shield
- ◆ Wednesday 13th June ICAS - Spelling
- ◆ Thursday 14th June ICAS - Writing
- ◆ Friday 15th June School Assembly 2.30pm
- ◆ Friday 6th July Last Day of Term

Kindergarten 2019

We are currently taking applications for our Kinder class in 2019. If you would like to enroll your child in Kinder next year, or know of someone who would like to apply for enrolment, please obtain an enrolment forms from the school office. Once the form is completed, please return to the school office with necessary documentation as soon as possible—closing date is Friday 15th June. Interviews for positions will commence the following week. If you have any queries please do not hesitate to contact the office on 69215733 or sjw-info@ww.catholic.edu.au

Tuckshop Roster Week 6 Term 2

Monday 4th June	Larissa Byrne
Weds 6th June	Belinda Schreiber
Thurs 7th June	Linda Damme
Friday 8th June	Linda Damme Sheridan Ingold

Merit Awards Week 4 Term 2

Kinder	Alexandra Cullen Alexandra Egbert
Yr 1	Hans Cruz Mae Schiller
Yr 2	Mimi Hogg Joshua Haase
Yr 3H	Amelia Nejman Sreehari Ramesh
Yr 3E	Louie Smith George Chigwidden
Yr 4	Jada Burgun Julian Miles
Yr 5	No awards given
Yr 6	Charlotte Seghers Domonic Cabot



Nutrition Snippet

The simplest way

...to stock lunch box basics.

Stocking the fridge, freezer and pantry with lunch box staples really helps with preparing quick and easy healthy lunches. It can also help save time during the morning rush!



Suggested lunch box staples include:

- Dried fruit – apricots, banana chips, currants, sultanas, raisins, dates
- Canned fruit in natural juice
- Baked beans
- Canned cannellini beans, chickpeas and lentils
- Pepitas
- Canned tuna or salmon
- Cheese block – cut into cubes or slices.
- Wholegrain crackers
- Crispbread or corn thins;
- Long-life milk poppers;
- Cottage cheese
- Hummus
- Natural yoghurt tubs
- Boiled eggs
- Healthy baked snacks from the freezer
- Wholegrain pasta
- Wholegrain/ wholemeal bread and wraps.

For more information visit

www.eatittobeatit.com.au

or join us at facebook.com/eatittobeatit



Did you know...

Your school participates in the Hume Bank School Banking Program.



School Banking collections:
Wednesday



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