# ST JOSEPHS PRIMARY SCHOOL TUCKSHOP MENU 2016

## SANDWICHES
- Cheese or Vegemite: $2.00
- Cheese & Tomato: $2.00
- Salad (lettuce/cheese/tomato/carrot): $3.80
- Chicken Breast or Ham: $3.20
- Chicken Breast or Ham & Cheese: $3.50
- Chicken or Ham, Cheese & Tomato: $3.80
- Chicken Breast or Ham & Salad: $4.00
- Pineapple, Beetroot: 30c ea
- Toasted Sandwiches: add $0.30
- Sandwiches from home (not on Fridays): 50c ea

## WRAPS
- Salad: $3.80
- Ham & Salad: $4.00
- Chicken Breast & Salad: $4.00

## HOT FOOD
- Lite Party Pies (low fat, low salt): $1.20
- Lite Sausage Rolls (low fat, low salt): $3.00
- Traveller Pie (low fat, low salt): $3.50
- Lasagne: $4.00
- Spaghetti Bolognese: $4.00
- Nugget (chicken breast in tempura batter): $0.70
- Chicken Burger (lettuce, lite mayo): $4.00
- Tomato Sauce: $0.50
- BBQ Sauce: $0.50
- Cup of Chicken Noodles (low salt): $2.80

## FRIDAYS ONLY
- PIZZA (Pizza Hut) (Vegetarian or Hawaiian): $3.80

## FRUIT (when in season)
- “EAT TWO PIECES OF FRUIT A DAY!”
  - Apple Slinky “DELICIOUS” All Year: $1.00
  - Mandarin All Year: $1.00
  - Watermelon Slice: $0.80
  - Fresh Orange Wedge All Year: $0.20
  - Cup of Grapes (in season only): $1.40

## DRINKS
- Choc/Strawberry Milk (99% fat free): $2.00
- Fruit Box (apple, orange, tropical, apple/biscuit): $1.50
- Bottled Water (Plain): $1.50
- Flavoured Water (lemonade, blackcurrant): $2.00
- Cup of Milo (warm or cold): $1.00

## FROZEN SNACKS
- Zooper Dooper: $0.50
- Paddle Pop (choc, rainbow): $1.30
- Mini Calippo (30% fruit juice): $1.30
- Fandangles: $1.00

## SNACK ATTACK!
- Popcorn (nut & gluten free - 20gm): $0.80
- Jelly: $0.50
- Anzac or Choc Chip Biscuit: $0.50
- Chocolate Mousse: $0.80
- Jumpys (BBQ, chicken - 18gm): $1.00
- Deli Chips (honey soy, s&v, plain, sweet chili): $1.00
- Rice Crackers (20gm pkt): $0.50
- Muffin/Muffin Bar (choc chip, chocolate): $0.80
- Milo Stars (20gm pkt): $0.50
- Dip-It (crackers & cheese dip): $0.80
- Wafer Sticks: $0.20